
EARLY LITERACY & HOW IT RELATES TO FINE, VISUAL AND SENSORY MOTOR DEVELOPMENT

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PLAY

* YOUR CHILD'S FIRST AND MOST IMPORTANT OCCUPATION



JOINT ATTENTION

*HELPS YOUR CHILD TO ENGAGE IN MEANINGFUL PLAY ACTIVITIES

*LOOKS LIKE- TAKING TURNS STACKING BLOCKS, PUSHING CARS DOWN A RAMP, MODEL GESTURES/VISUALS WITH SONG ITSY BITSY SPIDER OR WHEELS ON THE BUS, ROLLING A BALL BACK AND FORTH.....

IMPORTANCE OF TIME SPENT OUTDOORS

Nature helps children improve their motor development skills, social development skills and play skills. Increases fine motor skills by molding the sand, using twigs to construct a building and collecting rocks or pinecones. Babies and young children also improve their sensory processing skills playing in grass, sand feeling the wind and hearing birds sing

DANGERS OF SCREEN TIME

- Disrupts sleep cycle
- Promotes inactivity
- Causes eye strain
- Affects brain development
- Isolates the child
- Affects emotional development
- Difficulty learning
- Addictive





FINE MOTOR SKILL DEVELOPMENT

IDEAS

- Turning pages of a board book
- Hand clapping games
- Building with blocks or duplos
- Rolling playdoh
- Pressing cookie cutters into playdoh cookie dough
- Putting rings on a ring stacker
- Coloring or scribbling on easel
- Drawing shapes with shaving cream in bathtub
- Simple puzzles
- Playing with pots and pans
- Water play with buckets, cups or other pouring items
- Sensory box play with rice, cornmeal the possibilities are endless

HAVE FUN ENJOY
TIME SPENT
TOGETHER WITH
YOUR KIDS

